



25 March 2018

## Media Release

### Record numbers take part in Western Sydney Memory Walk & Jog

More than 1000 people turned out today for the annual Western Sydney Memory Walk & Jog at Tench Reserve, Penrith.

Dementia Australia CEO Maree McCabe said it was a wonderful event and thanked all those who came along and took part.

"We are thrilled with the level of support and community spirit shown at today's Memory Walk & Jog," she said.

"It was fantastic to see more than 1000 people out running and walking in support of people with dementia."

Ms McCabe also acknowledged the many supporters of the event.

"I'd like to thank Opal Aged Care for their support of Memory Walk & Jog. Without them, we would not be able to put on such an important fundraising and awareness raising event.

"I would also like to thank our MC Doris Younane for generously giving up her time to host the event, along with the Penrith community and our many volunteers for their ongoing contribution. It would not be possible to host Memory Walk & Jog without their support."

The event saw attendees take part in either a 2km walk, 8km walk or 8km run, raising more than \$65,000 to support the work of Dementia Australia, which provides invaluable support, education and resources for people living with dementia in Western Sydney their carers, families and friends.

Sean Bilton, Acting Managing Director of Opal Aged Care, the major supporter of Memory Walk & Jog offered his congratulations to all who participated.

"Your involvement and dedication has helped raise vital funds and awareness to enable Dementia Australia to continue to provide much-needed support services, education and research to Australians living with dementia. Thank you and congratulations; we look forward to seeing you again in 2019!" Mr Bilton said.

People can still donate by visiting [www.memorywalk.com.au](http://www.memorywalk.com.au)

***Dementia Australia** is the charity for people with dementia and their families and carers. As the peak body, it provides advocacy, support services, education and information. An estimated 425,000 people have dementia in Australia. This number is projected to reach more than 1.1 million by 2056.*

**National Dementia Helpline: 1800 100 500**

**An interpreter service is available**

(The National Dementia Helpline is an Australian Government Initiative)

**Dementia is a National Health Priority Area**



@DementiaAus

[www.dementia.org.au](http://www.dementia.org.au)

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