

9 April 2019

## Meet the Olympic and Paralympic athletes teaming up to support mental health and Australian communities

The AIS and Lifeline Australia are launching a new partnership, assembling a team of 21 athletes from Olympic, Paralympic and Commonwealth Games sports to be the 'Lifeline Community Custodians'. The Community Custodians will visit communities across Australia over the next year to raise awareness of mental health, lend their support to community events and share their own stories of resilience. In 2017, there were 3128 lives lost to suicide in Australia, the leading cause of death for Australians aged 15-44.

WHAT: AIS, Lifeline Australia partnership for community support & mental health

WHEN: Tomorrow, Wednesday, 10 April, 2019. Recommended 9.45am arrival for

10am start.

WHERE: KGV Recreation Centre,

15 Cumberland Street

The Rocks, Sydney, NSW

WHO: Nine of the 21 athletes who will be the inaugural Community Custodians.

Lifeline Australia CEO Colin Seery

AIS Director of Athlete Wellbeing and Engagement, Matti Clements

For more background on the program or to register your interest in the launch event and/or interviews, please contact:

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