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VETERAN WELLBEING SUMMIT

Gathering stories and people who have success in promoting veteran wellbeing, mental health and suicide prevention

SYDNEY, AUSTRALIA 2pm AEST, 14 August 2019 at Level 4, 51 Rawson Street, Epping, NSW -
WELLBEING AUSTRALIA is launching the VETERAN WELLBEING SUMMIT #VWS2019.

“Wellbeing Australia is proud to be the lead organisation behind this important Summit focused on “Action, Hope and Transformation” in the wellbeing of veterans throughout Australia. The objective of this Veteran Wellbeing Summit is to gather together stories to share, and people who have success in veteran wellbeing and mental health. By sharing these stories and successes, we hope that individuals, and their families and communities will be *more connected and so* better equipped to understand how their experiences have affected their wellbeing, and also be aware of some new ways to try proactively manage their wellbeing,” said Donné Newbury, Chair of Wellbeing Australia.

“This free for all, grass roots online summits theme is Action, Hope, Transformation. Gathering stories and people who have had success in promoting veteran wellbeing, mental health and suicide prevention. The diverse presentations that you will see over the coming weeks encompass that theme,” said Daniel Sloan, President, South Lake Macquarie RSL sub Branch.

“I would also like to thank the many quality presenters and contributors to the summit, giving up their valuable time in the name of “veteran wellbeing”. To physically see a line-up of this calibre at an event is financially and, in some cases, physically and mentally impossible for many veterans. This online event aims to break down those barriers,” said Daniel Sloan, President, South Lake Macquarie RSL sub Branch.

“We all have stories or experiences of what is not working in Veteran wellbeing. #VWS2019 is different. No heavy policy stuff or getting caught up in the tragedy of what isn't working, but really focusing on what works. All of these successes form part of solving the puzzle. We want veterans, their partners, families and support network to see what is possible and be inspired to take control of their wellbeing and their future,” said Jacqui Van de Velde on behalf of the #VWS2019 organising committee.



#VWS2019 website is now live for registrations:

<https://www.veteranwellbeingsummit.com.au/>

#VWS2019 summit program is here:

<https://www.veteranwellbeingsummit.com.au/summit/>

Book a Veteran Wellbeing Community Meeting Room here: <https://www.surveymonkey.com/r/6M7HVR5>

About Wellbeing Australia: Wellbeing Australia is a not for profit network, bringing together people and organisations committed to developing healthy relationships that lead to individual and community wellbeing – with a particular emphasis on the areas of family, education and the workplace.

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