Day Friday 11 June 2021

**THIS SUNDAY - Memory Walk & Jog comes to Gold Coast**

Locals are getting ready for the Gold Coast Memory Walk & Jog 2021, which will be held this Sunday 13 June at Pratten Park, Broadbeach.

Currently there are an estimated 90,000 people living with dementia in Queensland. With that figure projected to increase to about 207,000 by 2058, events like Memory Walk & Jog play an important role not only in funding support, but also in raising awareness of dementia.

Funds raised through the Memory Walk & Jog series help provide invaluable support, education and resources for people living with dementia in Australia, their carers, families and friends.

The Pop Up event is a great way to get active and beat dementia your way by completing your kilometres at a time that suits you! Walk, jog or run anytime between 8am to 4pm whilst taking in the sand, sunshine and surf.

The safety and wellbeing of Memory Walk & Jog participants, volunteers and staff is Dementia Australia’s top priority at these events. The team is constantly monitoring the evolving situation with COVID-19, and remains in communication with the relevant federal, state and local authorities.

A robust COVID-safe plan has been tailored for each individual event and will be adapted as needed closer to the date of the event.

Register for the Gold Coast Memory Walk & Jog event now, or find out about the other events planned across Australia at www.memorywalk.com.au

Dementia Australia is the source of trusted information, education and services for the estimated half a million Australians living with dementia, and the almost 1.6 million people involved in their care. We advocate for positive change and support vital research. We are here to support people impacted by dementia, and to enable them to live as well as possible. No matter how you are impacted by dementia or who you are, we are here for you.

For support, please contact the **National Dementia Helpline on 1800 100 500**. An interpreter service is available and the Helpline is open 8am to 8pm Monday to Friday excluding public holidays. The National Dementia Helpline is funded by the Australian Government. People looking for information can also visit **dementia.org.au**

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When talking or writing about dementia please refer to Dementia-Friendly Language Guidelines.