

MEDIA RELEASE

Lived Experience Australia recognised for Lived Experience Leadership in mental health

People and organisations from all parts of mental health services have been recognised across Australia and New Zealand, in the TheMHS Mental Health Service Awards. Among them, Lived Experience Australia (LEA) was recognised for “Lived Experience Leadership – making a difference with and for consumers and carers”.

LEA founder, Ms Janne McMahon OAM, and newly appointed Executive Director, Professor Sharon Lawn, accepted the award on behalf of the team of committed staff and board members.

“We’re absolutely thrilled and delighted to be recognised for this award for our collaboration, advocacy, training and research in the lived experience space,” Janne McMahon declared.

LEA’s contribution to the mental health sector is backed by its Research Program which provides national research informed by lived experience perspectives, undertaken by lived experience researchers and used as the basis for driving change in policy, practice and reform nationally.

Janne McMahon explained “Mental health consumers and carers are – and for 20 years have been – at the core of our work. All staff and Directors have a lived experience as consumers and/or carers. Additionally, we access our network of over 2,000 consumers, carers, and family members to learn from them and influence our advocacy.”

LEA also empowers consumers and carers to participate in their own advocacy, by providing webinars, training and other resources all designed and delivered by people with lived experience.

“We are an organisation that makes a big impact in the field of mental health,” Professor Lawn stated. “We are thrilled to have received such a prestigious award, and recognition for the work we do for our community.”

Further information about LEA’s research, resources and training can be found online at www.livedexperienceaustralia.com.au

ENDS –

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Lived Experience Australia transforms mental health services through lived experience advocacy.

